



Race Schedule

Friday 19th April

Registration and Sign-On:

Friday 19th April. Registration and Sign-On in **Killorglin Sports & Leisure Centre** from **12:00 noon to 2:00p.m.** The Chief Commissaire and the race officials will meet team managers in the Killorglin Sports and Leisure centre at 2:00p.m.

Race Start:

Stage 1 will depart the Killorglin Sports and Leisure Centre at 2:50pm and proceed to Killorglin Town Centre. The Race will depart the start/finish area at 2:50p.m. There will be a controlled roll out to a rolling start on the Killarney road after approx 2.3km.

Managers Meeting:

The Chief Commissaire and the race officials will meet team managers in the Killorglin Sports and Leisure centre at 2:00p.m.

Saturday 20th April

Sign On:

Saturday 20th April. Sign-On in **St. Michael's Secondary School, Listowel** from **9:30a.m. to 10:30a.m.** The race will depart **Listowel Emmets GAA Club** at **11:00a.m.** There is a one mile controlled roll out to the start of this stage through Listowel. There will not be a halt at the end of the control section and before racing gets underway. The race cavalcade will be formed up in the car park of **Listowel Emmets GAA Club.**

Race Start:

Stage 2 will depart **Listowel Emmets GAA Club** at **11:00a.m.** There is a 1.4km controlled roll out to the start of this stage through Listowel. There will not be a halt at the end of the control section and before racing gets underway. The race cavalcade will be formed up in the car park of **Listowel Emmets GAA Club.**

Sunday 21st April.

Sign On:

Sunday 21st April Sign-On in the **Bay View Hotel, Waterville** from **10:00.m. to 11:00a.m.** The race will depart from the Bay View Hotel at 11:30a.m. This stage begins with a controlled roll-out to a rolling start.

Race Start:

Stage 3 will depart from the Bay View Hotel at 11:30a.m. This stage begins with a controlled roll-out to a rolling start at 4.2Km approx.

Monday 22nd April.

Sign On:

Sign-On in **Killorglin Sports & Leisure Centre** from **8:30 a.m. to 9:30a.m.**

Race Start:

Riders will depart the Killorglin Sports and Leisure Centre at 10:00 a.m. and proceed to Killorglin Town Centre. There will be a controlled roll-out to the start point at approx 1.5km

All riders will finish on the same lap as the stage winner. Lapped riders will have the appropriate time penalty added to their times.

After the race:

Prize presentation will take place on the podium at the finish line. Refreshments will be provided at St Michaels Church of Ireland Parish Centre, Iveragh Road, Killorglin from 1:00p.m. Race Radios, race numbers and timing transponders are to be returned at St. Michaels Church of Ireland Parish Centre.

Car Parking

There is a limited amount of off street parking available at each stage start. It is strictly a first come first served basis. If you have to park on a street please be considerate to the residents of the area.

Do not park in such a way as to be an obstacle to the finish if you are parking up for the day.

Cavalcade Organisation

At the start of each stage we have a separate section of car parking reserved for team vehicles. This *parc fermé* is the only place a car can join the race cavalcade. Cavalcade numbers are issued to cars entering the area. Once inside you are to park in your designated position and wait there until your car is called forward. Once within the *parc fermé* you must surrender your cavalcade number if you wish to leave the area. It will be returned to you on your return provided it is before the time the *parc fermé* closes. This is 10 minutes before the stage start.

Please note each team vehicle is issued with:

1. A blue sticker "Team Car". This must be placed at the top of the windscreen at the front of the vehicle.
2. Two race cavalcade numbers. These numbers are issued each day at *parc fermé* and must be placed on a vertical surface within the vehicle so that one faces forward and the other to the rear. These numbers must be easily read from following vehicles and from race and/or Garda motor cycles. Please ensure they do not obstruct the drivers view. Cavalcade numbers are colour coded for each day, are dated and have the stage number printed on them.

Race Results

Race results at the end of each stage will be posted online on at www.rasmumhan.com and www.killorglincycling.com Paper copies of the results will not be available following the stage. One paper copy only of the race results will be available for each team manager at sign on before the start of the next stage.

Distances in the road books

The route distances as shown in the tables were measured with a Garmin NUVI 2497. There is a divergence between the distance measured on the ground and the distances shown on the mapmyride maps.

Extreme weather protocol

The protocol involves notably the compulsory convening of a meeting between the President of the Commissaires Panel, the Race Director, a representative of the race organisation, the Chief judge, a representative of the riders chosen by the President of the Commissaires Panel and a team manager chosen by the President of the Commissaires Panel when extreme weather conditions are anticipated prior to the start of a stage. Extreme weather conditions can be considered to be likely to occur if a weather warning from Met Eireann has been issued or if local observation leads to the conclusion that conditions need to be assessed.

The meeting shall be held in a suitable environment and in a formal manner; an executive summary of the meeting shall be drawn up by the President of the Commissaires' Panel and remitted with the race report.

The extreme weather conditions that could lead to this meeting include:

1. Freezing rain
2. Snow accumulation on the road
3. Strong winds
4. Extreme temperatures
5. Poor visibility
6. Air pollution

Depending on the type of condition that may be encountered the following actions may be taken:

1. No action
2. Modification of the start venue
3. Modification of the start time
4. Modification of the finish venue
5. Use of an alternative course
6. Neutralization of a section of the stage/race
7. Cancellation of the stage/race

The outcome of such a meeting will be published at least fifteen (15) minutes prior to the scheduled race start

Contact Telephone Numbers

Race organisation:

Race Director:	Tadhg Moriarty	087 244 3360
Technical Director:	Mícheal Concannon	087 644 4292
Registration and Finance:	Mary Concannon	087 280 2071
Safety Officer:	Dan Aherne	086 156 5228
Pre stage start activity:	Rory McGillicuddy	086 815 8482
Post stage finish activity:	Kieran Doherty	087 670 4433

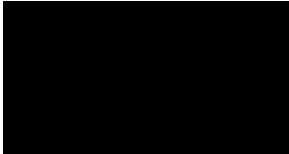
Neutral Service 1:

Peter Clendennan 087 668 1192

Neutral Service 2:

Brendan Cassidy 087 673 5964

Signs etc in use on the routes



Direction arrows painted on the road. Usually in pairs approx 50m apart



Road traffic information notices



Danger ahead warning signs



Roadside direction arrows



KoH signs



Prime location



Team car deviation sign with arrows

Race Specific Regulations

ARTICLE 1. ORGANISATION

The *Kerry Group Rás Mumhan* is organised by *Killorglin Cycling Club* under the regulations of Cycling Ireland and these specific race regulations. It is to be held from *19th April 2019* to *22nd April 2019*.

ARTICLE 2. TYPE OF EVENT

The event is open to athletes holding an *A+, A1, A2, and A3* category licence issued by Cycling Ireland or the equivalent licence from another UCI National Federation. The event is entered on the Cycling Ireland *Road Racing* calendar. Riders who hold a licence from a UCI Registered team are graded as *A+*. Riders who hold a licence from another UCI registered federation are graded as *A1*.

ARTICLE 3. PARTICIPATION

The event is open to the following teams:

3.1 *National, Provincial or County team selections* subject to the conditions of Article T1.5 of the Cycling Ireland Technical Regulations.

3.2 *Club Teams* Members of a Cycling Ireland affiliated club riding as guest riders for another Cycling Ireland affiliated club must have a letter of authority from their own club permitting them to ride as guest riders for another club. All riders must be attired in identical jerseys. Where more than one team from a club is entered in the race then the first team must consist of five riders no more than two of whom can be *A3* category licence holder's riders before a second team can be entered. That second team must have the full roster of five riders before a third team can be entered. The *A3* requirement applies to all teams. The constitution of a club team must be consistent with Cycling Ireland regulations.

3.3 *Composite Teams (teams made up of riders who are members of different clubs)* Members of a Cycling Ireland affiliated club riding as part of a composite team must have a letter of authority from their own club permitting them to ride on the composite team. All riders must be attired in identical jerseys.

Teams must be formed of *five (5)* riders. Entry to the race of riders who are members of a UCI registered team is regulated by 3.1 above. UCI registered teams may only enter the event at the invitation of the Race Organiser and subject to the particular UCI regulations.

Acceptance of any entry is at the discretion of the Race Organiser.

ARTICLE 4. RACE HEADQUARTERS

Stage 1:

At the start, the race headquarters shall be open starting at *12:00 noon on the 19th of April 2019* and located at the following address: *Killorglin Sport and Leisure Centre*. Team representatives are requested to confirm their starters and collect their race numbers at the race headquarters from *12:00 noon to 2:00pm* on the *19th of April 2019*. The team managers' meeting, in the presence of the Members of the Commissaires' Panel, is scheduled for *2:00pm* at *Killorglin Sport and Leisure Centre*. At the arrival, the race headquarters shall be open starting at *6:30pm* and located at the following address: *Killorglin Family Resource Centre, Iveragh Park, Killorglin*.

Stage 2:

At the start, the race headquarters shall be open starting at *9:00am on the 20th of April 2019* and located at the following address: *St. Michaels Secondary School, Listowel*. At the arrival, the race headquarters shall be open starting at *3:00pm* and located at the following address: *Community Centre, Athea*.

Stage 3:

At the start, the race headquarters shall be open starting at *10:00am on the 21st of April 2019* and located at the following address: *Bayview Hotel, Waterville*. At the arrival, the race headquarters shall be open starting at *4:00pm* and located at the following address: *Bayview Hotel, Waterville*.

Stage 4:

At the start, the race headquarters shall be open starting at *8:30am on the 22nd of April 2019* and located at the following address: *Killorglin Sport and Leisure Centre*. At the arrival, the race headquarters shall be open starting at *1:00pm* and located at the following address: *Killorglin Family Resource Centre, Iveragh Park, Killorglin*.

ARTICLE 5. NEUTRAL TECHNICAL SUPPORT

Neutral service will be available from vehicles as provided by the Race Organiser. These vehicles will provide a service to the teams supplying equipment to them. Such equipment must be in prime working order and must be acceptable to the Neutral Service Crew. It must be clearly marked by the supplying team.

All equipment issued by neutral service or by a team vehicle to a member of another team must be returned and/or replaced immediately following the stage. Failure to do so may result in penalties.

All team cars will provide open service in a fair and sporting manner to members of other teams where the situation demands, or where instructed to do so by a Commissaire. If a situation arises where the Neutral service crews are engaged then a Commissaire will request the first car in the cavalcade to provide service to the next rider requiring service, then the second car to the next rider and so on. Any team car that refuses to comply with such a request will be relegated to the end of the cavalcade. Similarly, in the event of a rider in a dropped group being in need of service and his car not being in attendance or a Commissaire not being in attendance then the above procedure should apply on a voluntary basis.

ARTICLE 6. RIDER IDENTIFICATION

At Sign-on each rider will be issued with a frame number, two back numbers and a transponder if they are not in possession of a readable transponder. Frame numbers must be used by all riders and properly fitted on the rear of the saddle post. Failure to do so may result in a fine of €20 for each offence in addition to the penalties specified in Cycling Ireland Rules.

Transponders will be provided for the electronic identification of the riders. Every rider must have a verified transponder on their bicycle at the start of each stage. The Chief Judge or Chief Commissaire must be advised as soon as possible by a team representative if a rider has cause to change bikes during the stage. These transponders will be distributed to the team manager at the confirmation of the teams. Transponders must be attached to the front fork of the bicycle. Each rider is responsible for the transponder issued to them. In the event that transponders are missing or broken the rider/team will be charged €100 per transponder issued by the race organisers.

ARTICLE 7. DULY NOTED MISHAPS

The regulation governing the treatment of a duly noted fall, a puncture or the breakage of an essential part will apply in the final 3km of each stage.

ARTICLE 8. FINISHING TIME LIMITS

Stage 1, 2 & 3: Riders arriving at the stage finish with a time greater by 20% than the stage winner's time will be declared non-finishers.

Stage 4: Please refer to Article 9(a).

ARTICLE 9. FINISHING LAP(S) ON STAGES 4

- (a) Stage 4 - Riders who are more than 3 minutes down on the leaders on the finishing circuit of Stage 4 will be withdrawn from the race and an appropriate correction will be added to arrive at their finishing time. This may be varied in the case of a classification leader or the leader on general classification at the discretion of the Chief Commissaire.

ARTICLE 10. BONUSES

Time bonuses be awarded as follows to the first three riders on each massed start stage as follows: 1st five (5) seconds, 2nd three (3) seconds and 3rd one (1) second

ARTICLE 11. CLASSIFICATIONS

The following classification(s) will be issued and in this order of precedence

Individual General Classification

Points Classification

Mountains Classification

Individual U23 Classification

Individual S2 Classification (this is a competition for Cycling Ireland members who do not hold an A+ or an A1 licence)

Stage Winner

Team General Classification

No rider will be awarded more than one jersey following Stages 1, 2, 3. A rider winning prizes in more than one competition will accumulate all the cash prizes but will only be awarded the jersey with the highest precedence. Following Stage 4 the final classification winner of each category will be awarded both the jersey and the appropriate cash prize. There is no limit to the number of jerseys or prizes a rider can accumulate in the final classification.

The prime line for the Mountains competition will be marked by the waving of a flag or by the positioning of a marker board. The start of the climb will be indicated by a sign bearing that information. Points will be awarded in the Mountain Classification as follows:

- i. Cat 1 20, 15, 11, 8, 6, 5 to the first 6 riders
- ii. Cat 2 15, 11, 8, 6, 5 to the first 5 riders
- iii. Cat 3 10, 7, 5, 4 to the first 4 riders
- iv. Cat 4 5, 3, 2 to the first 3 riders

Points will be awarded in the Points Classification as follows:

15, 13, 11, 10, 9, 8, 7, 6, 5, 4 to the first ten (10) riders in each stage.

All classifications will be decided in accordance with Cycling Ireland stage race regulations.

A special prize will be presented each day to the rider producing the most courageous ride on each stage.

A list of riders considered suitable for this prize will be developed after each stage. The winner will be agreed by a jury of four race officials: the Chief Commissaire (or his appointee), the Moto-Commissaire, the driver of Lead Car 1, the driver or the mechanic from the front Neutral Service Car.

ARTICLE 12. TEAM SERVICE CARS

A team car, the height of which must not exceed 1.66 metres will be permitted in the race to support each properly formed team.

Team Managers and drivers must be in possession of a licence issued by a UCI National Federation.

All team officials must be in possession of a licence issued by a UCI National Federation. One team vehicle per team will be permitted in the race cavalcade. Each team vehicle in the race cavalcade must contain another competent person in addition to the driver. To qualify entry of a vehicle into the race cavalcade, a team must start stage 1 with a minimum of four riders.

No team vehicle will be permitted to pass any group within the last 10km of any stage.

The Chief Commissaire may opt to remove some or all of the cars in the race cavalcade when the race enters the finishing laps on Stage 4.

All service must take place on the left hand side of the road. Failure to do so may result in a penalty of €20 in addition to the penalties specified in Cycling Ireland Rules, for each offence.

Feeding from following vehicles will be permitted after 50 Km and up to 20 Km from the finish of the event. This may be relaxed due to weather conditions. In such circumstances the Commissaires will make an announcement to the effect.

Feeding must take place behind the Commissaires vehicle except in a group of 15 or less riders when feeding may take place alongside the rider at the back of the group.

Feeding must not take place on an ascent or descent, nor within 1 km of a prime.

ARTICLE 13. START OF THE RACE

All team service cars must start from the nominated Parc Ferme.

Stage 1: FEXCO carpark (200m towards Killorglin from the sign-on area)

Stage 2: The main carpark of Listowel Emmets GAA Club (100m towards the town centre from the sign-on area)

Stage 3: The public carpark near the Butler Arms Hotel

Stage 4: FEXCO carpark (200m towards Killorglin from the sign-on area)

Team service vehicles will be presented with their cavalcade numbers at the Parc Ferme.

Parc Ferme will open for entry of vehicles at 30 minutes before the stage start time. It will close at 10 minutes to go before the stage start time. Team service vehicles not presenting at Parc Ferme will be relegated to last place in the cavalcade. Riders are to assemble in the Parc Ferme prior to the race start each day.

There is a controlled roll-out to a rolling start each day. Riders overtaking the race control vehicle will be subject to a penalty of 30 seconds in addition to the penalties specified in Cycling Ireland Rules.

ARTICLE 14. PENALTIES AND APPEALS

The control of the race is under the Panel of Commissaires, which has the right to interpret and apply the rules as they see fit. For infringements of Cycling Ireland or Special Race Rules, they may apply monetary and/or other penalties.

The decision of the Panel of Commissaires is final. No appeal against their decisions will be entertained

All fines levied must be paid to the Chief Commissaire before the start of the following stage, failure to do so will result in the rider being excluded from the start of that stage.

In addition to the penalties specified in these specific regulations, the Cycling Ireland penalty scale is the only one applicable.

ARTICLE 15. AWARDS CEREMONY

The following riders must attend the official awards ceremony at the end of each stage:

- The first *three* (3) on the stage
- The leaders of the following classifications: *Individual General Classification, Points Classification, Mountains Classification, Individual Under 23 Classification. Individual S2 Classification Stage Winner*

The riders will present themselves at the podium in a time limit of maximum 15 minutes after the third placed rider on the stage crosses the finish line.

The first, second and third rider on each stage will return to the podium after the stage for flower presentation. The presentation will take place fifteen (15) minutes after the third placed rider has crossed the finish line. Failure to do so may result in a fine of 100% of the prize money and/or exclusion from the race. A rider arriving late for podium presentations will be required to present themselves before the Panel of Commissaires before the start of the next stage. The Panel of Commissaires will decide the scale of the penalty that may be imposed. The presentation of race classification jerseys will take place on the finish podium at the end of each stage and after the stage winner's presentation.

Moreover, at the general finish of the event, the following riders must also present themselves at the final awards ceremony:

- The first *three* (3) of the event
 - The *winner* of the following secondary classifications:
 - ❖ Points Classification
 - ❖ Mountains Classification
 - ❖ Individual U23 Classification
 - ❖ Individual S2 Classification
 - ❖ Final Stage Winner
 - ❖ Team General Classification Following the arrival of the final stage the first, second and third rider on General Classification and each of the race category winners will present themselves for the prize presentation ceremonies at the finish line podium within 15 minutes of the stage winner crossing the finish line. Failure to do so may result in a fine of 100% of the prize money due

ARTICLE 16. PRIZES

The following prizes are awarded:

Kerry Group Rás Mumhan Prize Fund 2019

Rank	Stage 1	Stage 2	Stage 3	Stage 4	Final GC	Category Competitions		Stage 2 Prime	
1	€110.00	€110.00	€110.00	€110.00	€600.00	KoH :	€280.00	1 st rider into Glin Round 1,2,3	€50.00
2	€90.00	€90.00	€90.00	€90.00	€400.00	Points :	€280.00		€50.00
						Espoir	€280.00		€50.00
3	€70.00	€70.00	€70.00	€70.00	€250.00	S2:	€280.00	1 st rider in Athea Round 1	€50.00
4	€55.00	€55.00	€55.00	€55.00	€175.00				
5	€50.00	€50.00	€50.00	€50.00	€150.00	There are 3 prizes in each competitions. 1 st €150, 2 nd €80, 3 rd €50.		Stage 3 Primes	
6	€45.00	€45.00	€45.00	€45.00	€125.00				€50.00
7	€40.00	€40.00	€40.00	€40.00	€100.00			Mick Murphy's	€30.00
8	€35.00	€35.00	€35.00	€35.00	€80.00	Team			€20.00
9	€30.00	€30.00	€30.00	€30.00	€70.00	1	€150.00	Coom an Easpaig	€50.00
10	€25.00	€25.00	€25.00	€25.00	€60.00	2	€100.00		€30.00
11					€50.00	Stage 2 Primes			€20.00
12					€40.00	1 st Limerick rider home	€50.00	KoH Coom	€50.00
	U23 Riders Competition								€30.00
1	€50.00	€50.00	€50.00	€50.00		1 st Kerry rider home	€50.00		€20.00
2	€30.00	€30.00	€30.00	€30.00				Stage 4 Prime	
3	€20.00	€20.00	€20.00	€20.00				1 st rider on the finishing circuit	€50.00
								Ballyhahill KoH	€50.00
	€650.00	€650.00	€650.00	€650.00	€2,100.00		€1470		€600.00

The most combative rider on each Stage is awarded a pair of Sport eyewear sponsored by O Sullivan Cycles Killarney	
Grand Total of Cash Prizes	€ 6,770.00

Entry List

A revised sheet to reflect any changes to personnel on teams will be published on www.rasmumhan.com on Tuesday 16th April.

Race No	Name	Cat	U 23	Team
1	Conor Hennebry	A1		Dan Morrissey-MIG.IE-Pactimo
2	Sean Hahessey	A1		Dan Morrissey-MIG.IE-Pactimo
3	Anthony Walsh	A1		Dan Morrissey-MIG.IE-Pactimo
4	Matthew Sparrow	A1	x	Dan Morrissey-MIG.IE-Pactimo
5	John Horgan	A2		Dan Morrissey-MIG.IE-Pactimo
6	Ben Healy	A1	x	Team Ireland
7	Adam Ward	A1	x	Team Ireland
8	Conor Kissane	A1		Team Ireland
9	Sean Moore	A1	x	Team Ireland
10	tbc			Team Ireland
11	Laurence Kirby	A1	x	Active Edge Race Team P/B Cooper/BMW
12	Jesse Yates	A1	x	Active Edge Race Team P/B Cooper/BMW
13	Oliver Jones	A1	x	Active Edge Race Team P/B Cooper/BMW
14	Oliver Peckover	A1	x	Active Edge Race Team P/B Cooper/BMW
15	George Evans	A1	x	Active Edge Race Team P/B Cooper/BMW
16	Liam Holohan	A1		Holohan Coaching Race Team
17	Matthew Garthwaite	A1		Holohan Coaching Race Team
18	Oliver Hayward	A1	x	Holohan Coaching Race Team
19	Chris Pook	A1		Holohan Coaching Race Team
20	Chris Childs	A1		Holohan Coaching Race Team
21	Josh Aiken	A1		Pedal Power Cycles Ipswich
22	Gary Freeman	A1		Pedal Power Cycles Ipswich
23	Robert Staines	A1	x	Pedal Power Cycles Ipswich
24	Gabriel Fowden	A1	x	Pedal Power Cycles Ipswich
25	Ross Fawcett	A1		Pedal Power Cycles Ipswich
26	Alex Luhrs	A1		Ribble Pro Cycling
27	Daniel Bigham	A1		Ribble Pro Cycling
28	Alex Dalton	A1	x	Ribble Pro Cycling
29	Richard Jones	A1		Ribble Pro Cycling
30	Scott Auld	A1	x	Ribble Pro Cycling

31	Alex Cross	A1	x	Surrey League
32	Chris McNamara	A1		Surrey League
33	Ou Richardson	A1	x	Surrey League
34	Joe Hill	A1	x	Surrey League
35	Jack Freeman	A1	x	Surrey League
36	Sven Broekaart	A1		Combilift-West Frisia
37	Wouter Been	A1		Combilift-West Frisia
38	Thomas Hartog	A1		Combilift-West Frisia
39	Matthew Overste	A1		Combilift-West Frisia
40	Alexander Konijn	A1	x	Combilift-West Frisia
41	Matt Clarke	A1		Wheelbase Cabtech Castelli
42	Finn Crockett	A1	x	Wheelbase Cabtech Castelli
43	Finn Robertson	A1	x	Wheelbase Cabtech Castelli
44	Will Turner	A1	x	Wheelbase Cabtech Castelli
45	Harry Hardcastle	A1	x	Wheelbase Cabtech Castelli
46	Patryk Biel	A1		Zero BC
47	Matt Grey	A1	x	Zero BC
48	John Hale	A1		Zero BC
49	Ollie Withers	A1	x	Zero BC
50	Jered Allcock	A1		Zero BC
51	Mark Dowling	A1		Leinster
52	Fintan Ryan	A1		Leinster
53	J B Murphy	A1		Leinster
54	Dermot Trulock	A1		Leinster
55	Cian May			Leinster
56	Colm Sheahan	A1		Blarney Cycling Club
57	James O Sullivan	A1		Blarney Cycling Club
58	Michael Crowley	A1		Blarney Cycling Club
59	Gary Boyle	A1		Blarney Cycling Club
60	Michael McCarthy	A2		Blarney Cycling Club
61	David Brennan	A1		Castlebar CC
62	David Walshe	A1		Castlebar CC
63	David Brody	A1	x	Castlebar CC
64	Charles Prendergast	A1		Castlebar CC
65	Christopher Coyle	A2		Castlebar CC
66	P J Collins	A1		Collins Cycle Center Race Team
67	Eddie Brennan	A1		Collins Cycle Center Race Team
68	Sean O Halloran	A2		Collins Cycle Center Race Team
69	William Killackey	A3		Collins Cycle Center Race Team
70	Sean Buckley	A3		Collins Cycle Center Race Team
71	Thomas Quaid	A1		Foran CCC
72	Mike Ewing	A1		Foran CCC
73	Robin Mould	A1		Foran CCC

74	Ian Middleton	A1		Foran CCC
75	Nigel MacAodha	A2		Foran CCC
76	tbc			Killarney Cycling Club
77	John Brosnan	A1		Killarney Cycling Club
78	Michael Lucey	A2		Killarney Cycling Club
79	Paidi O Brien	A1		Killarney Cycling Club
80	Neil Hodges	A3		Killarney Cycling Club
81	Bernard Sweeney	A2		Killorglin Cycling Club
82	Barry Fitzgerald	A3		Killorglin Cycling Club
83	Tomás Walsh	A2		Killorglin Cycling Club
84	Simon Tuomey	A1	x	Killorglin Cycling Club
85	Colin Davis	A1	x	Killorglin Cycling Club
86	John McCarthy	A2		McCarthy Cycles
87	Luis Mota	A3		McCarthy Cycles
88	John Aherne	A1		McCarthy Cycles
89	Jeremy Canty	A1		McCarthy Cycles
90	Ed Sutton	A1		McCarthy Cycles
91	Aidan Crowley	A1		Mr Pink
92	Patrick Clifford	A2		Mr Pink
93	James Davenport	A1		Mr Pink
94	Paul Norton	A1		Mr Pink
95	Michael Fitzgerald	A1		Mr Pink
96	Eamon Hartnett	A2		Nenagh CC
97	Mike Browne	A2		Nenagh CC
98	James Skehan	A3		Nenagh CC
99	Tommy Hanrahan	A2		Nenagh CC
100	Seán Molloy	A2		Nenagh CC
101	Paul Kennedy	A1		Newcastle West CC
102	Cannice McNay	A2		Newcastle West CC
103	Sonny Cahill	A2		Newcastle West CC
104	Declan Maloney	A2		Newcastle West CC
105	Ger Ward	A3		Newcastle West CC
106	Cathal Purcell	A1	x	Panduit Carrick Wheelers CC
107	Jamie Blanchfield	A1	x	Panduit Carrick Wheelers CC
108	Raymond Cullen	A2		Panduit Carrick Wheelers CC
109	Arminas Meskansuas	A1	x	Panduit Carrick Wheelers CC
110	Bryan Geary	A1		Panduit Carrick Wheelers CC
111	Paul Forrestal	A1		Scott - Orwell Wheelers
112	Barry McMahan	A1		Scott - Orwell Wheelers
113	Ronan O Flynn	A1		Scott - Orwell Wheelers
114	Callum O Toole	A1		Scott - Orwell Wheelers
115	Ronan Grimes	A2		Scott - Orwell Wheelers
116	Richard Cleverley	A2		Sliabh Luachra CC

117	John O Sullivan	A3		Sliabh Luachra CC
118	Donie Kelliher	A3		Sliabh Luachra CC
119	Richard O Brien	A2		Sliabh Luachra CC
120	Michael McCarthy	A2		Sliabh Luachra CC
121	Damien Shaw	A1		Strata3-Velorevolution Cycling Team
122	Stephen Murray	A1		Strata3-Velorevolution Cycling Team
123	Richard Maes	A1		Strata3-Velorevolution Cycling Team
124	Liam Curley	A1	x	Strata3-Velorevolution Cycling Team
125	Anthony Doyle	A1		Strata3-Velorevolution Cycling Team
126	Kieran Regan	A1		St Tiernans Cycling Club
127	Tllt Talumaa	A2		St Tiernans Cycling Club
128	Peter McColgan	A2		St Tiernans Cycling Club
129	Kevin Keane	A3		St Tiernans Cycling Club
130	Barry Walsh	A3		St Tiernans Cycling Club
131	Dillon Corkery	A1	x	Team Bioracer-DHL-FR Services
132	Conor McCann	A1	x	Team Bioracer-DHL-FR Services
133	Luke Smith	A1	X	Team Bioracer-DHL-FR Services
134	tbc			Team Bioracer-DHL-FR Services
135	John Buller	A1	x	Team Bioracer-DHL-FR Services
136	Sean o Malley	A1		Team Gerry McVeigh Cars
137	Ciaran Murphy	A2		Team Gerry McVeigh Cars
138	Declan Shevlin	A2		Team Gerry McVeigh Cars
139	Richard Gribbons	A2		Team Gerry McVeigh Cars
140	Alan Concannon	A3		Team Gerry McVeigh Cars
141	Cathal Moynihan	A1		Tralee Manor West BC
142	Cian Smiles	A2		Tralee Manor West BC
143	Ciaran Slattery	A2		Tralee Manor West BC
144	John James Griffin	A3		Tralee Manor West BC
145	Shane Courtney	A3		Tralee Manor West BC
146	Conor Murane	A1		UCD
147	Simon Jones	A1		UCD
148	Joel Luke	A2		UCD
149	Conor McKenna	A1		UCD
150	Sean Landers	A2		UCD
151	Richard Meaney	A1		Westport Covey Wheelers
152	James McGreevy	A1		Westport Covey Wheelers
153	Eamon Daly	A2		Westport Covey Wheelers
154	Joe Moran	A2		Westport Covey Wheelers
155	Anthony Murray	A2		Westport Covey Wheelers

Previous Winners

Year	Name	Club/Team	Venue
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1957	Pat O Meara	Tipperary	Clonmel
1958	Gene Mangan	Kerry	Tralee
1959	John Gearon	Clonmel	
1960	Shay O Hanlon	Clann Brugha	Clonmel
1961	Noel Waddy	Star Wheelers	
1962	Michael Twomey	Fermoy	
1963	Sonny Cullen	Setanta CC	
1964	Shay O Hanlon	Cathal Brugha	
1965	Shay O Hanlon	Cathal Brugha	
1966	Shay O Hanlon	Clann Brugha	Carrick on Suir
1967	Paddy Flanagan	Brownstown CC	Carrick on Suir
1968	Mick O Donoghue	Carlow	Kanturk/Banteer
1969	Mick O Donoghue	Carlow	
1970	Mick O Donoghue	Carlow	
1971	Brian Connaughton	Garda	Carrick on Suir
1972	Seamus Kennedy	Navan	Thurles
1973	Mick Cahill	Banteer	
1974	Colm Nulty	Boyne Valley CC	Killarney
1975	John Mangan	Killorglin	Killorglin
1976	Larry Clarke	Navan	
1977	Bobby Power	Carrick Wheelers	
1978	Mike Breen	Killorglin CC	
1982	Stephen Delaney	Tara CC	South Tipperary
1983	Anthony O Gormon	Carrick Cidona	
1984	Dave McCall		
1987	Bernie McCormick		
1988	Larry Power	Carrick Cidona	Carrick on Suir
1998	Brian Kenneally	Carrick Cidona	Killorglin/Cork
1999	Stephen O Sullivan	Leinster	Thurles
2000	Paddy Moriarty	Dublin Skip Les Junes	Nenagh
2001	Eugene Moriarty	Cycleways Meath	Killorglin
2002	Kevin Dawson	Compensation Group GB	Killorglin
2003	Kevin Dawson	Life Repair CRT GB	Killorglin
2004	Russell Downing	MGX Power UK	Killorglin
2005	John Dempsey	Dan Morrissey Carrick	Killorglin
2006	Paul Healion	Murphy & Gunn Dublin	Killorglin
2007	Brian Kenneally	myhome.ie Meath	Killorglin
2008	Ciaran Power	Pezula Mayo	Killorglin
2009	Brian Kenneally	Engraveit.ie Meath	Killorglin
2010	Timmy Barry	The Edge CC	Killorglin
2011	Sean Lacey	The Edge CC	Killorglin
2012	Denis Bakker	Ruiter Dakkapellen WT	Killorglin
2013	Damian Shaw	Aquablue	Killorglin
2014	Mark Dowling	DID/Dunboyne CC	Killorglin
2015	Sean McKenna	Ireland Development Squad	Killorglin
2016	Chris McGlinchey	Ireland Development Squad	Killorglin
2017	Dillon Byrne	VCUK Velo Champion UK	Killorglin
2018	Conor Henebry	Pactimo	Killorglin